



**Happy  
Thanksgiving  
from Mediomics,  
LLC!**

Did the Pilgrims also experience a happy “food-coma?” While Tryptophan may be notorious for its connection with turkey and other poultry, it takes on a more important role as the only natural precursor of serotonin. Although, we typically picture the cornucopia full of vegetables, and historical reports suggest that turkey was not part of the first Thanksgiving meal, it turns out that tryptophan is found in both plants and animals. So even without the turkey, they were probably still absorbing about the same amount of tryptophan as we do today. If you find yourself thinking, “How could we test that hypothesis?”, then you may be interested in learning more about our tryptophan detection kit. (For laboratory research only.)

Eat Up, Have Fun, and Be Thankful For Biology!

<http://mediomics.com/product/bridge-l-tryptophan-fluorescence-assay-kit/>